



St Anne's Church, Chingford

Web site: www.stanneE4.org.uk

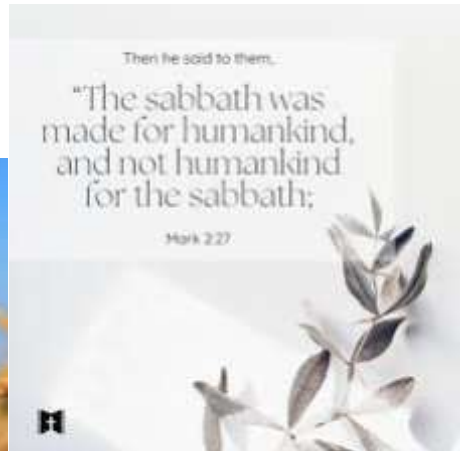
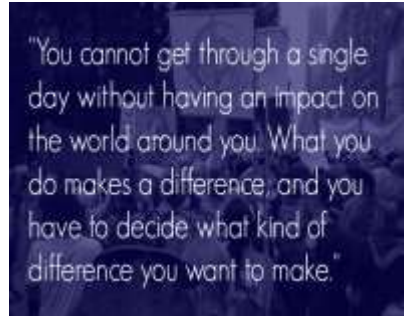
2nd June 2024 – Trinity 1, Proper 4

Parish Eucharist 10.00

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Welcomers: Jacqui Haniff-Bentham., Anthony Sullivan
Servers: Caroline Acton, Julie Adesina, Lindsey Archer
Chalice: Julie Adesina, Jenny Scotchmer
Lessons: Lindsey Archer
Prayers: Rosalind Tatam
Leader: Jude Bullock
Preacher: Jude Bullock
Celebrant: Mick Scotchmer
Music:

Hymns:
 19 All my hope on God is founded
 262 God's Spirit is in my heart
 652 Seek ye first the kingdom of God
 499 Make me a channel of your peace
 36 And can it be



This week →	Tuesday	4th June	20.00	MLT
	Thursday	6th June	14.00	Café Church
	Friday	7th June	10.00	Eucharist
	Sunday	9th June	10.00	Parish Eucharist

Collect

O God,
the strength of all those who put their trust in
you,
mercifully accept our prayers
and, because through the weakness of our mortal
nature
we can do no good thing without you,
grant us the help of your grace,
that in the keeping of your commandments
we may please you both in will and deed;
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.

Post Communion

Eternal Father,
we thank you for nourishing us
with these heavenly gifts:
may our communion strengthen us in faith,
build us up in hope,
and make us grow in love;
for the sake of Jesus Christ our Lord

Old Testament Reading

Deuteronomy 5.12-15

The LORD says this: ¹²Observe the sabbath day and keep it holy, as the LORD your God commanded you. ¹³Six days you shall labour and do all your work. ¹⁴But the seventh day is a sabbath to the LORD your God; you shall not do any work - you, or your son or your daughter, or your male or female slave, or your ox or your donkey, or any of your livestock, or the resident alien in your towns, so that your male and female slave may rest as well as you. ¹⁵Remember that you were a slave in the land of Egypt, and the LORD your God brought you out from there with a mighty hand and an outstretched arm; therefore the LORD your God commanded you to keep the sabbath day.

This is the word of the Lord.

All **Thanks be to God.**

New Testament Reading

2 Corinthians 4.5-12

⁵We do not proclaim ourselves; we proclaim Jesus Christ as Lord and ourselves as your slaves for Jesus' sake. ⁶For it is the God who said, 'Let light shine out of darkness,' who has shone in our hearts to give the light of the knowledge of the glory of God in the face of Jesus Christ.

⁷But we have this treasure in clay jars, so that it may be made clear that this extraordinary power belongs to God and does not come from us. ⁸We are afflicted in every way, but not crushed; perplexed, but not driven to despair;

⁹persecuted, but not forsaken; struck down, but not destroyed; ¹⁰always carrying in the body the death of Jesus, so that the life of Jesus may also be made visible in our bodies. ¹¹For while we live, we are always being given up to death for Jesus' sake, so that the life of Jesus may be made visible in our mortal flesh. ¹²So death is at work in us, but life in you.

This is the word of the Lord.

All **Thanks be to God.**

Gospel

Mark 2.23-3.6

When the Gospel is announced the reader says

Hear the gospel of our Lord Jesus Christ according to Mark.

All Glory to you, O Lord.

²³One sabbath Jesus was going through the cornfields; and as they made their way his disciples began to pluck heads of grain. ²⁴The Pharisees said to him, 'Look, why are they doing what is not lawful on the sabbath?' ²⁵And he said to them, 'Have you never read what David did when he and his companions were hungry and in need of food? ²⁶He entered the house of God, when Abiathar was high priest, and ate the bread of the Presence, which it is not lawful for any but the priests to eat, and he gave some to his companions.' ²⁷Then he said to them, 'The sabbath was made for humankind, and not humankind for the sabbath; ²⁸so the Son of Man is lord even of the sabbath.'

¹Again he entered the synagogue, and a man was there who had a withered hand. ²They watched him to see whether he would cure him on the sabbath, so that they might accuse him. ³And he said to the man who had the withered hand, 'Come forward.' ⁴Then he said to them, 'Is it lawful to do good or to do harm on the sabbath, to save life or to kill?' But they were silent. ⁵He looked around at them with anger; he was grieved at their hardness of heart and said to the man, 'Stretch out your hand.' He stretched it out, and his hand was restored. ⁶The Pharisees went out and immediately conspired with the Herodians against him, how to destroy him

This is the Gospel of the Lord.

All **Praise to you, O Christ .**

N

We do not take a collection during the service at St. Anne's as we have a Parish Giving scheme. However if you wish to make a contribution you will find a plate at the back of church and a card reader if you prefer to donate in that way. If you would like to join the **Parish Giving** scheme



please speak to Lindsey Archer or the church wardens. Also, scanning this QR code will provide information about the scheme and how you can make contributions if you wish.

E

Ukraine and Eat or Heat - We are still collecting for both at the back of the church—children, toddler's and baby items are still very much needed as the war takes its toll on the people of Ukraine. As are long lasting food products and hygiene products for Eat or Heat.

W

Prayers We all pray—and we all pray for others and the world about us. Have you ever thought of writing the bidding prayers for the Sunday service? Many of us feel uncomfortable in public speaking—understandable—so you may not want to read them out during the Eucharist: **But**—you could still write them and someone else could read them for you. Please give it some thought—and have a chat with either Mick, Heather, Marcia or me.

S

Pilgrimage to St. Albans 22nd June — list at the back of the church, please indicate if you are driving and can take a passenger or two, and also indicate if you need a lift. Cheers.

Valentines Singers Concert—All the world on stage, Sunday, 30th June at 6.30pm , Church of the Assumption, Manford Way, Hainault, IG7 4DF. Advance tickets from Lindsey Archer: £16 (£9 students/benefit holders), On the door: £18 (£10 students/benefit holders)

August to October Rota— Please let Mick know of any dates you will not be available for the next rota. If you would like to join one of our service rotas have a word with Mick.

FOR OUR PRAYERS:

We remember in prayer each day all those both known and unknown to us who are suffering in mind, body and spirit, for those who have care of them, for all who are living with difficulties and trouble at this time and for all who will enter eternity this week.

Anniversaries for June. 1st Blanche Gooch, 2nd Robert Bridger, 3rd Roseanna Bates, 5th Doris Scrutton, 12th Peter Ilsley, 17th Kathleen Leech, 18th Bob Birchnall, 25th Winifred Bonnett, 26th Ethel Ellett, 27th Mary Verrier, Jenny Harwood.

*Eternal rest grant unto them O Lord, and let light perpetual shine upon them,
may they rest in peace and rise in glory. Amen*