



# St Anne's Church, Chingford

Web site: [www.stanneE4.org.uk](http://www.stanneE4.org.uk)

## 23rd March 2025 – 3rd Sunday of Lent

### Parish Eucharist - 10.00

W  
O  
R  
S  
H  
I  
P

**Welcomers:** Anthony Sullivan, Bridget Tongo

**Servers:** Julie Adesina, Lindsey Archer, Rob Markham

**Chalice:** Julie Adesina, Lindsey Archer

**Lessons:** Lindsey Archer

**Prayers:** Julie Adesina

**Leader:** Mick Scotchmer

**Preacher:** Mick Scotchmer

**Celebrant:** Jude Bullock

**Music:** Bill Gloyn

**Hymns:**

223 Glorious things of Thee

334 I heard the voice of Jesus

43 As the deer pants

623 Praise my soul

27 All who would valiant be

*In every headland, in every beach, in every grain of sand, there is the story of the earth.*

*Rachel Carson*



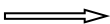
**YOU, GOD, ARE MY GOD**

*Earnestly I seek you  
I thirst for you  
My whole being longs for you*



***This week***

Today	12.30	Simple Lunch
Wednesday 26th Mar	11.30	Bible Study
	20.00	MMU Lent Course (by Zoom)
Friday 28th Mar	10.00	Eucharist
Sunday 30th Mar	10.00	Mothering Sunday Eucharist



### **Collect**

Almighty God,  
whose most dear Son went not up to joy but first  
he suffered pain,  
and entered not into glory before he was  
crucified:  
mercifully grant that we, walking in the way of the  
cross,  
may find it none other than the way of life and  
peace;  
through Jesus Christ your Son our Lord,  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever.

### **Post Communion**

Merciful Lord,  
grant your people grace to withstand the  
temptations  
of the world, the flesh and the devil,  
and with pure hearts and minds to follow  
you, the only God;  
through Jesus Christ our Lord.

### **Old Testament Reading**

1 O God, you are my God, I seek you,  
my soul thirsts for you;  
my flesh faints for you,  
as in a dry and weary land where there is no water.

2 So I have looked upon you in the sanctuary,  
beholding your power and glory.

3 Because your steadfast love is better than life,  
my lips will praise you.

4 So I will bless you as long as I live;  
I will lift up my hands and call on your name.

5 My soul is satisfied as with a rich feast,  
and my mouth praises you with joyful lips

6 when I think of you on my bed,  
and meditate on you in the watches of the night;

7 for you have been my help,  
and in the shadow of your wings I sing for joy.

8 My soul clings to you;  
your right hand upholds me.

This is the word of the Lord.

*All*    **Thanks be to God.**

### **Psalm 63**

### **New Testament Reading**

### **1 Corinthians 10.1-13**

<sup>1</sup>I do not want you to be unaware, brothers and sisters, that our ancestors were all under the cloud, and all passed through the sea, <sup>2</sup>and all were baptized into Moses in the cloud and in the sea, <sup>3</sup>and all ate the same spiritual food, <sup>4</sup>and all drank the same spiritual drink. For they drank from the spiritual rock that followed them, and the rock was Christ. <sup>5</sup>Nevertheless, God was not pleased with most of them, and they were struck down in the wilderness.

<sup>6</sup>Now these things occurred as examples for us, so that we might not desire evil as they did. <sup>7</sup>Do not become idolaters as some of them did; as it is written, 'The people sat down to eat and drink, and they rose up to play.' <sup>8</sup>We must not indulge in sexual immorality as some of them did, and twenty-three thousand fell in a single day.

<sup>9</sup>We must not put Christ to the test, as some of them did, and were destroyed by serpents. <sup>10</sup>And do not complain as some of them did, and were destroyed by the destroyer. <sup>11</sup>These things happened to them to serve as an example, and they were written down to instruct us, on whom the ends of the ages have come. <sup>12</sup>So if you think you are standing, watch out that you do not fall. <sup>13</sup>No testing has overtaken you that is not common to everyone. God is faithful, and he will not let you be tested beyond your strength, but with the testing he will also provide the way out so that you may be able to endure it.

This is the word of the Lord.

*All*     **Thanks be to God.**

## **Gospel**

**Luke 13.1-9**

*When the Gospel is announced the reader says*

Hear the gospel of our Lord Jesus Christ according to Luke.

*All*     **Glorify to you, O Lord.**

<sup>1</sup>There were some present who told Jesus about the Galileans whose blood Pilate had mingled with their sacrifices. <sup>2</sup>He asked them, 'Do you think that because these Galileans suffered in this way they were worse sinners than all other Galileans?' <sup>3</sup>No, I tell you; but unless you repent, you will all perish as they did. <sup>4</sup>Or those eighteen who were killed when the tower of Siloam fell on them - do you think that they were worse offenders than all the others living in Jerusalem?' <sup>5</sup>No, I tell you; but unless you repent, you will all perish just as they did.'

<sup>6</sup>Then he told this parable: 'A man had a fig tree planted in his vineyard; and he came looking for fruit on it and found none. <sup>7</sup>So he said to the gardener, "See here! For three years I have come looking for fruit on this fig tree, and still I find none. Cut it down! Why should it be wasting the soil?"' <sup>8</sup>He replied, "Sir, let it alone for one more year, until I dig around it and put manure on it. <sup>9</sup>If it bears fruit next year, well and good; but if not, you can cut it down.'"

This is the Gospel of the Lord.

*All*     Praise to you, O Christ.

**Today's music** starts with "Ecce tempus idoneum" (Now is the healing time decreed) for the third Sunday in Lent and the well known Canon, both by Thomas Tallis, who was organist at Waltham Abbey in 1538; followed by a prelude on that tune by Andrew Moore. Then preludes on Lutheran hymns by Pachelbel, "Treuer Gott, ich muss dir klagen" (To God, in whom I trust, I cry my pain) and "Ich ruf'zu dir, Herr Jesu Christ" (I call to you, Lord Jesus Christ) by J S Bach. Post Gospel is "Es woll' uns Gott genädich sein" (May God be merciful to us) by Pachelbel. At the Peace "Ode to Kyiv" by Lesja Dychko, At Communion the chorale prelude on "Have mercy on me, O Lord God by JS Bach. The outgoing voluntary is from Haydn's trumpet concerto.

N

We do not take a collection during the service at St. Anne's as we have a Parish Giving scheme. However if you wish to make a contribution you will find a plate at the back of church and a card reader if you prefer to donate in that way. If you would like to join the **Parish Giving** scheme



E

please speak to Lindsey Archer or the church wardens. Also, scanning this QR code will provide information about the scheme and how you can make contributions if you wish.

**Ukraine and Eat or Heat** - We are still collecting for both at the back of the church—children, toddler's and baby items are still very much needed as the war takes its toll on the people of Ukraine. As are long lasting food products and hygiene products for Eat or Heat.

W

**Rota Dates** - The rota for May to July will be prepared shortly. If you are on the rota please let Mick know of any dates you will not be available. If you would like to join any of our Sunday morning rotas please speak to Mick, Jude or one of the churchwardens.

**AGM Sunday 6th April**—Two weeks away. The meeting will be after coffee at 11.45. Papers for the AGM and nomination forms for Churchwarden and PCC are available on the web site and at the back of church.

S

**Memorial Garden** - There are some gaps in the border of the Memorial Garden, which we'd like to fill with bee and butterfly friendly plants. If you would like to contribute towards the cost and sponsor a plant, please sign your name against one of them on the list at the back of the church.

### FOR OUR PRAYERS:

We remember in prayer each day all those both known and unknown to us who are suffering in mind, body and spirit, for those who have care of them, for all who are living with difficulties and trouble at this time and for all who will enter eternity this week.

**Anniversaries for March:** 6th Lily Burnett, 9th Dorothy Rossiter, Joan Page-Webster, 10th Peter Simpson, 11th Florence Digman, 12th Elsie Muscutt, 15th Linda Smith-Pryor, 17th John Barwick, Violet Gibbs, 18th Aglaia Macropoulos, Cyril Ives, 21st Bernice Foster, Anthony Foster, 22nd Kim Runeckles, 23rd Derek Palmer, 24th Betty Crawford, 27th John Wood.

*Eternal rest grant unto them O Lord, and let light perpetual shine upon them,  
may they rest in peace and rise in glory. Amen*