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We do not take a collection at St. Anne's as we have a Free Will Offering scheme. However if you wish to make a contribution you will find a plate at the back of church. If you would like to join the **Free Will Offering** scheme please speak to Andy Crawford, Mark Ebden or the church wardens .

**Jude and his family** are still enjoying a well earned holiday in Majorca. They will be back next Sunday.

**E4 Pilgrimage.** The E4 pilgrimage is being restarted on Saturday 1st October. This year we will be visiting Chelmsford Cathedral. A coach has been arranged at a cost of £10. You are welcome to take your own car, but be warned a day's parking in Chelmsford is now expensive. Please sign the list at the back of church if you wish to attend.

**Pilgrimage to the Holy Land: October 26th—November 2nd**

This Autumn I will be the Christian leader on the **East London Three Faiths Forum pilgrimage to the Holy Land.** We will be visiting sites sacred to Muslims, Jews and Christians, accompanied by reflections from myself, Rabbi David Hulbert and Mohammed Omar. If you are interested in coming please see Jude.

**Scramblers and Ramblers and the Service of wholeness and healing** are now on a summer break and normal service will resume in September.

**Eat or Heat**—Please remember that there is a box at the back of church where we collect food for Eat or Heat, the local food bank. Unfortunately there is a continuing need for the services of s food bank, and the need will increase when the summer ends and heating bills rise. Your continued donations are therefore important.

**FOR OUR PRAYERS:**

**Sick and wanting prayer;** Fred & Joan Banks, Valerie Black, Dorothy Bulled, Frederick Bullock, Claire Connelly, Joshua Edmunds, Pamela Finbow, Riaz Gill, Siddique Gill, Russell House, Vera Humphreys, Mussarat Joseph, Nargiss Khan, Khanya, Oliver Lee, Amanda Lofting, Anum Mall, Saba Mall, Sohail Mall , Rahat Munir, Valerie Muscutt, David Peter, Joan Pinder, Jill Rooke-Matthews, Barbara Smith, Linda Smith-Pryor, Joan Trapnell, Sheila Treadwell, Elena Utton, Pauline Warner, Gordon Wilkinson, John Wood.

**Anniversaries for August:** 10th Lillian Whitehead, 11th Alex Joseph, 12th Doris Sullivan, 13th John Malony, 15th Katie Anderson, 19th Brian Jones, 29th Ivy Hughes.

*Eternal rest grant unto them O Lord, and let light perpetual shine upon them, may they rest in peace and rise in glory. Amen*



**Parish Church of St. Anne Chingford**

Web site: [www.stanneE4.org.uk](http://www.stanneE4.org.uk)



**Trinity 13 – 21st August 2016**

**Parish Eucharist 10.00**

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- Sidesmen:** Margaret Halford, Ken Howland, Joyce Sullivan
- Servers:** Eira Endersbee, Jenny Scotchmer, Steve White
- Chalice:** Lindsey Archer, Jenny Scotchmer
- Lessons:** Claire Fullerton
- Prayers:** David Rolfe
- Preacher:** Mick Scotchmer
- Celebrant:** Mick Scotchmer
- Music:** Peter Stannard
- Hymns:**

- 66 Be thou my vision, O Lord of my heart
- 181 Fight the good fight with all thy might
- 34 Amazing grace
- 840 Ye holy angels bright
- 275 Guide me, O thou great Redeemer

**Order of Service**

- Option 3
- Eucharistic prayer D

<b>This week</b> →	<b>Monday 22nd Aug 20.00</b>	<b>Projects and Events Committee</b>
	<b>Friday 26th Aug 10.00</b>	<b>Holy Communion</b>
	<b>Sunday 28th Aug 10.00</b>	<b>Parish Eucharist</b>

**Please Note: There will be no evening service at 17:30 next week (28th August)**

**St. Anne's welcome form**

Name \_\_\_\_\_

Phone no. \_\_\_\_\_

E-mail \_\_\_\_\_

Address \_\_\_\_\_

You are very welcome here at St. Anne's. If you would like us to keep in touch with you or you are not on the electoral roll please fill in this form and hand it to the wardens, sidesmen or the vicar

### Collect

Almighty God,  
who called your Church to bear witness  
that you were in Christ reconciling the world to  
yourself:  
help us to proclaim the good news of your love,  
that all who hear it may be drawn to you;  
through him who was lifted up on the cross,  
and reigns with you in the unity of the Holy Spirit,  
one God, now and for ever.

### Post Communion

God our creator,  
you feed your children with the true manna,  
the living bread from heaven:  
let this holy food sustain us through our  
earthly pilgrimage  
until we come to that place  
where hunger and thirst are no more;  
through Jesus Christ our Lord.

### Old Testament Reading

*Psalm 103.1-8*

- 1 Bless the Lord, O my soul,  
and all that is within me bless his holy name.
- 2 Bless the Lord, O my soul,  
and forget not all his benefits;
- 3 Who forgives all your sins  
and heals all your infirmities;
- 4 Who redeems your life from the Pit  
and crowns you with faithful love and compassion;
- 5 Who satisfies you with good things,  
**so that your youth is renewed like an eagle's.**
- 6 The Lord executes righteousness  
and judgement for all who are oppressed.
- 7 He made his ways known to Moses  
and his works to the children of Israel.
- 8 The Lord is full of compassion and mercy,  
slow to anger and of great kindness.

This is the word of the Lord.

All Thanks be to God.

### New Testament Reading

*Hebrews 12.18-29*

<sup>18</sup>You have not come to something that can be touched, a blazing fire, and darkness, and gloom, <sup>19</sup>and a tempest, and the sound of a trumpet, and a voice whose words made the hearers beg that not another word be spoken to them. <sup>20</sup>(For they could **not endure the order that was given, 'If even an animal touches the mountain, it shall be stoned to death.'** <sup>21</sup>Indeed, so terrifying was the sight that Moses said, 'I tremble with fear.')

<sup>22</sup>But you have come to Mount Zion and to the city of the living

God, the heavenly Jerusalem, and to innumerable angels in festal gathering, <sup>23</sup>and to the assembly of the firstborn who are enrolled in heaven, and to God the judge of all, and to the spirits of the righteous made perfect, <sup>24</sup>and to Jesus, the mediator of a new covenant, and to the sprinkled blood that speaks a better word than the blood of Abel.

<sup>25</sup>See that you do not refuse the one who is speaking; for if they did not escape when they refused the one who warned them on earth, how much less will we escape if we reject the one who warns from heaven! <sup>26</sup>At that time his voice shook **the earth; but now he has promised, 'Yet once more I will shake not only the earth but also the heaven.'** <sup>27</sup>This phrase, 'Yet once more,' indicates the removal of what is shaken – that is, created things – so that what cannot be shaken may remain.

<sup>28</sup>Therefore, since we are receiving a kingdom that cannot be shaken, let us give thanks, by which we offer to God an acceptable worship with reverence and awe; <sup>29</sup>for indeed our God is a consuming fire.

This is the word of the Lord.

All Thanks be to God.

### Gospel

*Luke 13.10-17*

*When the Gospel is announced the reader says*

Hear the gospel of our Lord Jesus Christ according to Luke.

All Glory to you, O Lord.

<sup>10</sup>Now he was teaching in one of the synagogues on the sabbath. <sup>11</sup>And just then there appeared a woman with a spirit that had crippled her for eighteen years. She was bent over and was quite unable to stand up straight. <sup>12</sup>When Jesus saw her, he **called her over and said, 'Woman, you are set free from your ailment.'** <sup>13</sup>When he laid his hands on her, immediately she stood up straight and began praising God. <sup>14</sup>But the leader of the synagogue, indignant because Jesus had cured on the sabbath, **kept saying to the crowd, 'There are six days on which work ought to be done; come on those days and be cured, and not on the sabbath day.'** <sup>15</sup>But the Lord **answered him and said, 'You hypocrites! Does not each of you on the sabbath untie his ox or his donkey from the manger, and lead it away to give it water?'** <sup>16</sup>And ought not this woman, a daughter of Abraham whom Satan bound for eighteen long **years, be set free from this bondage on the sabbath day?'** <sup>17</sup>When he said this, all his opponents were put to shame; and the entire crowd was rejoicing at all the wonderful things that he was doing.

This is the Gospel of the Lord.

All Praise to you, O Christ.