

Sick and wanting prayer; Dorothy and Ted Bulled, Rahat Munir, Joan Page-Webster, Pauline Warner, Khanya, Valerie Black, Pamela Finbow, Jenny Harwood, Betty Crawford, Riaz Gill, Sohail Mall, Sheila Treadwell, Gordon Wilkinson, Fred & Joan Banks, Elena Utton, John Wood, Claire Connelly, Valerie Muscutt, Florence Elizabeth Belwood, Saba Mall, Joshua Edmunds, Amanda Lofting, Jordan Farrell, Anum Mall, Siddique Gill, Nargiss Khan, Mussarat Joseph, Oliver Lee, Christine Kelvin, Barbara Smith,, Maureen Oakes.

Anniversaries for December: 1st Violet Tattersfield, 2nd Arthur Toms, 5th Doris Acons, 6th Michael Barwick, 7th Eileen Sellwood, David Lovitt, 8th Hans Larsen, 9th Anne Jones, 10th Arthur Hughes, 12th Kathryn Anderson, 15th Elizabeth Salen, 16th Nellie Thacker, 18th Sheila Birchnall, 19th Winifred White, 21st Florence Palmer, 22nd Beryl Banks, 23rd Grace Skeggs, 24th Arthur Langsdon, 25th Gill Head, 26th Allan Taylor, 27th Alfred Salen, 29th Edward Gooch, 30th David Anderson, 31st Mavis Symonds.

.Eternal rest grant unto them O Lord, and let light perpetual shine upon them, may they rest in peace and rise in glory. Amen

N	Tonight	17.30	Service of Carols and Readings
	Christmas Eve	16.30	Christingle
E		23.30	Midnight Mass
	Christmas Day	10.00	Parish Eucharist
W	27th December	10.00	Parish Eucharist

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Any one able to help with making the Christingles—we will be meeting in the centre at Midday this Wednesday. The more the merrier! Thank you in advance.

St. Anne's Welcome form		You are very welcome to St. Anne's. If you would like us to keep in touch with you please fill in this form and hand it to the wardens, sidesmen or the vicar
Name	_____	
Phone no.	_____	
E-mail	_____	



Parish Church of St. Anne Chingford

Web site: stanneE4.milesconsulting.co.uk



A celebration of Advent 4

W O R S H I P

Sidesmen: Jenny Miller, Barbara Smith, Beryl Stratton, young people
 Chalice: John Wood, Anthony Sullivan
 Server: Jenny Scotchmer
 Celebrant: Jude Bullock,
 Music: Peter Stannard



Lighting of the 4th Advent Candle and then song on separate sheet

OPENING SONG **535** **O come, O come, Emmanuel**

Prayer of forgiveness

Lord bring new life where we are worn and tired, bring new love where we have been hard- hearted. Bring forgiveness where we feel hurt, and where we have wounded; Bring the joy and freedom of your Holy Spirit where we are prisoners of ourselves. To all and to each, on your community and friends, where regret is real, God pronounces his pardon and grants us the right to begin again.

Thanks be to God Amen.

OPENING PRAYER

FIRST READING: Luke 1: 39—45

SONG: **700** **The Angel Gabriel**

GOSPEL Luke 1: 46—56

Reflection and activity

SONG **479** **Lord, the light of your love**
followed by the sign of peace

SONG: **451** **Long ago**

during which the gifts of bread and wine will be brought to the table



And now, following Jesus' example and command we take this bread and wine, the ordinary things of the world which Christ will make special. And as he prayed before sharing, let us do so too.

In the silence of our hearts, let us pray for those who need to be remembered: For those who have made the headlines today because of what they have done or said:

for those who care for us and for those we care for:

For those who are sick or in trouble:

For those whom the words 'Peace and Justice' bring to mind:

For those for whom we have a special concern .

For those who have died and those we remember with love and affection.

Finally we pray for ourselves that we may be more Christ-like in our daily lives.

As Jesus taught us so we pray:

The Lord's prayer

Eternal Spirit, Earth-Maker, Pain-bearer, Life-giver

Source of all that is and all that shall be, Father and Mother of us all,

Loving God who is in heaven: the hallowing of your name echo through the uni-

verse! The way of your justice be followed by people of the world!

Your heavenly will be done by all created beings!

Your commonwealth of peace and freedom sustain our hope and come on earth.

With bread we need for today, feed us. In the hurts we absorb from one another

forgive us. In times of temptation and test, strengthen us.

From trials too great to endure, spare us. From the grip of all that is evil, free us.

For you reign in the glory of the power that is love, now and forever.

May it be so. Amen. *(From the New Zealand Prayer Book)*

Let us give thanks to the Lord our God.

It is right to give thanks and praise.

It is always right to give you thanks, God our Creator, loving and faithful, holy and strong. Lord of all life, you created the universe, where all living things reflect your glory. You give us this great and beautiful earth, to discover and to cherish. You give us sun and moon and star-lit sky, everything that gives us light, light for our eyes, our hearts, our minds. You give us the fish in the sea, the birds of the air, and every plant and tree; the life that sleeps in the winter earth, and awakens again in the spring. We join with the saints and angels to sing your praise...

SONG **309 vs 1**

We thank you, loving Father, because, when we turned away, you sent Jesus, your Son. He gave his life for us on the cross and shows us the way to live. Send your Holy Spirit that these gifts of bread and wine may be for us Christ's body and his blood.

On the night before he died, when darkness had fallen, Jesus took bread. He gave thanks, broke it, and shared it with his disciples, saying: 'This is my body, given for you. Do this to remember me.' After they had eaten, he took the cup of wine, gave thanks, and shared it with his disciples, saying: 'This is my blood, poured out for you and for many, for the forgiveness of

sins.'

SONG **309 vs 2**

So Father, with this bread and this cup we celebrate his love, his death, his risen life. As you feed us with these gifts, send your Holy Spirit, and change us more and more to be like Jesus our Saviour. Help us, Father, to love one another, as we look forward to that day when suffering is ended, and all creation is gathered in your loving arms. And now with Mary, Anne and all your saints we give you glory, through Jesus Christ, in the strength of the Spirit, today and for ever.

SONG **309 vs 3**

The bread is broken

Jesus, Lamb of God, have mercy on us.

Jesus, bearer of our sins, have mercy on us.

Jesus, redeemer of the world, grant us Peace.

These are the gifts of God for the people of God; our Lord is coming to us in bread and wine.

Distribution of Holy Communion

Concluding prayer (say together)

Heavenly Father,

who chose the Blessed Virgin Mary

to be the mother of the promised saviour:

fill us your servants with your grace,

that in all things we may embrace your holy will

and with her rejoice in your salvation;

through Jesus Christ our Lord. Amen

Final Blessing

SONG: 692 Tell out my soul

