We do not take a collection at St. Anne's as we have a Free Will Offering scheme. However if you wish to make a contribution you will find a plate at the back of church. If you would like to join the **Free Will Offering** scheme please speak to Andy Crawford, Mark Ebden or the church wardens.

**Electoral Roll**—The annual review of the Electoral Roll is in progress, ending on 16th March. If you are not on the Electoral Roll (membership list) of St Anne's please see Barbara Smith or take a form from the back of church.

**Don't forget..** To pray daily for the parish community. The list of parishioners is available at the back of the church and is placed on the altar during the Eucharist. This month we are praying for those whose surnames begin with A—G. If you are not on the list and would like to be—have a word with Jude.

**Also, especially** ....remember in prayer... Joan Page-Webster in hospital at this time

**If you are on the Rota...**Please give your non-availability dates from May—July to Mick. Thank you...



<u>sick and wanting prayer;</u> Dorothy and Ted Bulled, Rahat Munir, Joan Page-Webster, Pauline Warner, Nancy Khuzwayo (One Life) Khanya, Rachel Michell, Valerie Black, Pamela Finbow, Jenny Harwood, Gill Head, Ashton Simeron, Derek Palmer, Betty Crawford, Riaz Gill, Sohail Mall, Sheila Treadwell, Gordon Wilkinson, Margaret Bullock, Gwen Coombs, Maureen Oakes, Fred Banks,

<u>Anniversaries for March:</u> 6th Lily Burnett, 9th Dorothy Rossiter, 10th Peter Simpson, 11th Florence Digman, 12th Elsie Muscutt, 17th John Barwick, Violet Gibbs, 18th Aglaia Macropoulos, 21st Bernice Foster, Anthony Foster, 22nd Kim Runeckles.

Eternal rest grant unto them O Lord, and let light perpetual shine upon them, may they rest in peace and rise in glory. Amen



# Parish Church of St. Anne Chingford

Web site: www.stanneE4.org.uk



# Lent 1 - 9th March 2014

### **Eucharist 10.00**

Sidesmen: Velma Davis, Linda Smith-Pryor, Rosalind Tatam
Servers: Jenny Scotchmer, John Williams, Jill Rooke-Matthews
Chalice: Lindsey Archer, Mick Scotchmer

Lessons: Julie Adesina
Prayers: Rosalind Tatam
Reader: Mick Scotchmer
Preacher: Lindsey Archer
Celebrant: Jude Bullock
Music: Peter Stannard

Hymns:

Be Thou my guardian
Forty days and forty nights
As the deer pants for the water

337 I the Lord of sea and sky369 Jesu, lover of my soul

Then Jesus was led up by the Spirit into the wilderness to be tempted by the devil. He fasted for forty days and forty nights, and afterwards he was famished.



**Order of Service** 

Eucharistic prayer A

Option

Tuesday	11th Mar	13.30	St Anne's Angels
		20.00	<b>Praise Committee</b>
Friday	14th Mar	10.00	Communion
Sunday	16th Mar	10.00	Informal Eucharist
	Friday	Friday 14th Mar	20.00 Friday 14th Mar 10.00

	St. Anne's welcome form
Name Phone no.	<u></u> -
E-mail	
Address	

You are very welcome here at St. Anne's. If you would like us to keep in touch with you or you are not on the electoral roll please fill in this form and hand it to the wardens, sidesmen or the vicar

#### Collect

Almighty God,

whose Son Jesus Christ fasted forty days in the wilderness,

and was tempted as we are, yet without sin: give us grace to discipline ourselves in obedience to your Spirit;

and, as you know our weakness, so may we know your power to save; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

#### **Post Communion**

Lord God.

you have renewed us with the living bread from heaven:

by it you nourish our faith,

increase our hope,

and strengthen our love:

teach us always to hunger for him who is

the true and living bread,

and enable us to live by every word that proceeds from out of your

mouth:

through Jesus Christ our Lord.

### Old Testament Reading

Psalm 32

- 1 Happy the one whose transgression is forgiven, and whose sin is covered.
- 2 Happy the one to whom the Lord imputes no guilt,

and in whose spirit there is no guile.

- For I held my tongue; my bones wasted away through my groaning all the day long.
- 4 Your hand was heavy upon me day and night;

my moisture was dried up like the drought in summer.

- 5 Then I acknowledged my sin to you and my iniquity I did not hide.
- 6 I said, 'I will confess my transgressions to the Lord,'

and you forgave the guilt of my sin.

Therefore let all the faithful make their prayers to you in time of trouble;

In the great water flood, it shall not reach them.

- You are a place for me to hide in; you preserve me from trouble; you surround me with songs of deliverance.
- 9 'I will instruct you and teach you

in the way that you should go; I will guide you with my eye.

10 'Be not like horse and mule which have no understanding;

whose mouths must be held with bit and bridle,

or else they will not stay near you.'

11 Great tribulations remain for the wicked,

but mercy embraces those who trust in the Lord.

12 Be glad, you righteous, and rejoice in the Lord;

shout for joy, all who are true of heart.

This is the word of the Lord.

All Thanks be to God.

## New Testament Reading

Romans 5.12-19

<sup>12</sup>Just as sin came into the world through one man, and death came through sin, and so

death spread to all because all have sinned - <sup>13</sup>sin was indeed in the world before the law, but sin is not reckoned when there is no law. <sup>14</sup>Yet death exercised dominion from Adam to Moses, even over those whose sins were not like the transgression of Adam, who is a type of the one who was to come.

<sup>15</sup>But the free gift is not like the trespass. For if the many died through the one man's trespass, much more surely have the grace of God and the free gift in the grace of the one man, Jesus Christ, abounded for the many. <sup>16</sup>And the free gift is not like the effect of the one man's sin. For the judgement following one trespass brought condemnation but the free gift following many trespasses brings justification. <sup>17</sup>If, because of the one man's trespass, death exercised dominion through that one, much more surely will those who receive the abundance of grace and the free gift of righteousness exercise dominion in life through the one man, Jesus Christ.

<sup>18</sup>Therefore just as one man's trespass led to condemnation for all, so the act of righteousness of one leads to justification and life for all. <sup>19</sup>For just as by the one person's disobedience the many were made sinners, so by the one man's obedience the many will be made righteous.

This is the word of the Lord.

All Thanks be to God.

Gospel Matthew 4.1-11

When the Gospel is announced the reader says

Hear the gospel of our Lord Jesus Christ according to Matthew.

All Glory to you, O Lord.

<sup>1</sup>Then Jesus was led up by the Spirit into the wilderness to be tempted by the devil. <sup>2</sup>He fasted for forty days and forty nights, and afterwards he was famished. <sup>3</sup>The tempter came and said to him, 'If you are the Son of God, command these stones to become loaves of bread.' <sup>4</sup>But he answered, 'It is written,

"One does not live by bread alone,

but by every word that comes from the mouth of God."

<sup>5</sup>Then the devil took him to the holy city and placed him on the pinnacle of the temple, <sup>6</sup>saying to him, 'If you are the Son of God, throw yourself down; for it is written, "He will command his angels concerning you",

and "On their hands they will bear you up, so that you will not dash your foot against a stone."

<sup>7</sup>Jesus said to him, 'Again it is written, "Do not put the Lord your God to the test." 
<sup>8</sup>Again, the devil took him to a very high mountain and showed him all the kingdoms of the world and their splendour; <sup>9</sup>and he said to him, 'All these I will give you, if you will fall down and worship me.' <sup>10</sup>Jesus said to him, 'Away with you, Satan! for it is written,

"Worship the Lord your God, and serve only him."

<sup>11</sup>Then the devil left him, and suddenly angels came and waited on him.

This is the Gospel of the Lord.

All Praise to you, O Christ.